



NON-WETSUIT WAIVER FORM



GUIDELINES ON THE USE OF WETSUITS FOR OPEN WATER SWIMMING AT VOBSTER QUAY

TRiBal Triathlon at Vobster Quay strongly recommend the use of swim wetsuits by all Swimmers when participating in open water swimming training and/or racing at Vobster Quay, which is a 'deep' water lake.

Critically, wetsuits provide:

- **Additional buoyancy (swim wetsuits are not life saving, but they will help you to float in the water)**
- **Protection against cold water temperatures**

Non-use of wetsuits may be agreed on a case by case basis, provided that;

1. **You are able to satisfy the TRiBal operating staff, safety personnel and/or Coach that you are safe and competent to swim without a wetsuit, based on an acceptable level of experience of swimming in cold, open water conditions previously.**
2. **You have read, understood and signed the declaration below.**

You may be asked to produce evidence of this or complete an open water swim test in a wetsuit.

Waiver Declaration

I understand the risks associated with swimming in 'deep' open water at Vobster Quay, and by choosing to swim in Vobster Quay without a wetsuit may mean that some of these risks are increased; particularly with regards to reduced protection from cold water conditions and the potential onset of cold water shock and hypothermia.

I hereby waive any and all rights of action against TRiBal Triathlon and Vobster Quay for any injuries and other actionable events, arising from my decision to swim in this venue without a wetsuit.

I, the undersigned, have read, understand and agree to the above disclaimer with regards to my choice to swim in this venue without a wetsuit and agree to adhere to all other terms and conditions of use for swimmers at Vobster Quay.

Full Name	<input type="text"/>	Date	<input type="text"/>
Signature	<input type="text"/>	TRiBal Membership #	<input type="text"/>

For Official Use Only...

<input type="checkbox"/>	Based on the information they have provided and my assessment, I agree to the above named person swimming without a wetsuit at this venue		
<input type="checkbox"/>	I do not agree to the above named person swimming without a wetsuit at this venue		
Name	<input type="text"/>	Date	<input type="text"/>
Signature	<input type="text"/>	Position	<input type="text"/>